

# OAL TRAINING *for* GIRLS & ADULTS

*Please scroll down to find...*

## 1) The Challenge Spectacular – Sunday, October 15

*For Pathfinders, Rangers, TREX & Guiders*

## 2) Wet & Winter Camp Training – Sunday, November 26

*For Pathfinders, Rangers, TREX & Guiders*

## 3) Snow Camp Weekend – February 2018

*For experienced campers – Pathfinders, Rangers, TREX & Guiders*

## 4) Guide Camp Skills – Saturday, April 7, 2018

*For 1<sup>st</sup> year Guides and their leaders*

\*\*\*\*\*

# THE CHALLENGE SPECTACULAR

*For Pathfinders, Rangers, TREX and their Guiders*

*Save the Date!*

**Sunday, October 15**

**9:30 am arrive/set up 10:00 am start**

**Location – Cates Park, Deep Cove**

***This is something brand new!***

This exciting new event is a challenge day for Pathfinders, Rangers & TREX from across Lions Area.

*Send us a note by email **by September 10<sup>th</sup>** that your Unit is interested in attending and we will send you an information package including Safe Guide forms SG1 & SG2 **on September 12<sup>th</sup>**  
[lionsareatraining@gmail.com](mailto:lionsareatraining@gmail.com)*

**FEE - \$10 per girl**

*Units will be given lists of equipment/supplies to bring*

*Units will bring & use their own equipment and clean & return their own equipment.*

*Be sure to test out your equipment before you arrive for the day of challenges!*

*This full day of fun and challenges in the outdoors will be rain or shine...it is always windy and cold near the water! Good rainwear is required by everyone!*

Units should check the 'weather of the day' report and be prepared to tarp/shelter their own area...

This will be a Yellow level activity (stoves/fires)

Ratio (7:1) required; Unit Guider to bring Health Forms and a small first aid kit

**Dates to note...**

**...by September 10th**

Send us an email to let us know that your Unit is interested in participating - please include an estimate of the number of girls & Guiders

**...on September 12<sup>th</sup>**

Safe Guide Forms (SG1 & SG2's) will be emailed to Units interested in participating

**...by September 23rd**

Registration DUE (fees & all SG2's)

**...on September 30<sup>th</sup>**

Details about the 'scope of the day' and 'equipment/supplies to bring lists' will be emailed to registered Units

\*\*\*\*\*

## **WET & WINTER** **CAMP SKILLS TRAINING**

*For Pathfinders, TREX, Rangers and Guiders*

***Save the Date!***

**Date - Sunday, November 26**

**Time - 1:30pm to 4:30pm**

**Location - Highlands United Church, Edgemont Village, North Van**

**Fee - \$5 per girl**

This training is perfect for all outdoor activities in our often soggy adventure playground! This training is also a prerequisite for 'Under the Boughs' which is our annual snow camping experience and is strongly recommended for Pathfinders and Rangers who want to take on winter activities. This session is all about how to stay dry, warm and having fun no matter what the weather!

We will cover everything you need to know about equipment, packing, energy foods etc.

**Registration & Fees DUE – November 19**

\*\*\*\*\*

## **SNOW CAMP WEEKEND**

*For experienced campers - Pathfinders, TREX, Rangers and Guiders*

***Save the Date! Watch for Details!***

**A Weekend in February 2018**

*Time & Location - TBA*

This exciting winter camp is set in the snow and includes snowshoeing, orienteering, building a snow kitchen and other fun outdoor activities. Snow camping is great fun but is also challenging and is geared *for experienced campers*.

This camp is 'snow dependent' (date & location)...

For everyone's safety and enjoyment, a camping 'experience' questionnaire will be included in the registration package.

*Prerequisites...*

- 1) Wet & Winter Camp Skills training (equipment/gear, packing, energy foods...)  
*\*Sunday, November 26 (details above)*
- 2) Snow Camp Information Meeting (for girls & parents) *\*date/location TBA*
- 3) Equipment Check *\*date/location TBA*

*Registration details/dates will be available at the Wet & Winter Camp Training on November 26*

\*\*\*\*\*

## **GUIDE CAMP SKILLS DAY**

*For 1<sup>st</sup> year Guides & their Guiders*

***Save the Date!***

**Saturday, April 7, 2018**

**Location – Cates Park, Deep Cove**

**9:30 am to 4 pm**

This all-day outdoor training is targeted towards *first-year* Guide-age girls and is an annual favourite!

Guiders and girls will rotate through a ‘hands-on’ round robin of training opportunities that will cover camp cooking with yummy tasters (*always a hit with both girls & leaders!*), shelters, tents, stoves & lanterns as well as fire lighting!

You will want these skills so that you can try them out at your Spring tenting camp!

This is a fun full-day spent in the outdoors and for many...this will be their first experience!

An important part of camp skills training is learning how to stay warm and dry...no matter what the weather! Before attending Guide Camp Skills Day, we will help you ‘prepare’ yourself and the girls for a day outdoors through a series of preparatory emails or ‘baby steps’.

Guiders must provide supervision (minimum and ratio) throughout the activity and have a First Aider (*please see the First Aid page for training dates*).  
Come to participate and learn with the girls!

*Registration details will be posted in early January...*

*Registration deadline – Safe Guide forms & fees March 1st*

*There is a \$10 fee per girl for this training (no fee for Guiders providing ratio/minimum)*