

For Guiders...

OUTDOOR ACTIVITY LEADERSHIP PROGRAM

We are lucky to live in the middle of our very own outdoor playground.

Getting outside, enjoying nature and challenging ourselves are some of the best parts of the Guiding experience and are central to the Girl Guide philosophy and program.

Guiding is all about a 'progression of skills' for both girls *and* Guiders. The OAL Program follows the 'progression of skills' needed for short outdoor activities, through to residential and tent camping and then on to more challenging adventure camping trips.

This 'stepping stone' approach helps both girls *and* Guiders build and 'try out' their new skills all in a safe and supportive learning environment. As your comfort level in the outdoors grows, so will your girls'.

For Girls...

We nurture and guide our young Sparks as they go to a sleepover for the first time. Brownies are pretty proud when they come home from camp having washed dishes and looked after their belongings for the weekend! Guides learn how to prepare and cook nutritious meals at camp, pitch a tent and hang a tarp over their outdoor kitchen. Our Pathfinders, TREX and Ranger Programs further challenge and support the girls as they plan and participate in overnight hikes and paddles through our OAL Adventure Program.

Scroll down to find...

Getting Outside

Residential Camp Planning

Tent Camping Enrichment (AKA Adult Camp Skills)

Explanation of TEAM Training Pins

Go Camping Pin (recognizes camping with girls)

First STEP of the OAL Stream...

If you are new to Guiding (*Sparks, Brownies, Guides*) this is a good place to start!

The purpose of the 'first step' is to show Guiders *how to take an outdoor activity and make it fun and accessible for girls...*

GETTING OUTSIDE...

Date – Saturday, October 13

**Register by October 5*

Time – 11 am to 2 pm

Location – TBA but will be held in a Trainer's backyard on the North Shore

This year we are trying something new! This training will give the newer Guider some activity ideas and the skills necessary to plan and take girls outside for some safe outdoor fun! The session will include a short hike with examples of outdoor games, orienteering, nature walk resources and other activities that provide fun examples. The day will include samples of paperwork, first aid resources and methods of ensuring you have all

your participants and haven't lost anyone along the way and will lay the foundation for a 'love of nature and the outdoors' for many years to come!

**This will be a rain or shine activity so dress for the weather of the day*

**More details will be provided upon registration! Let's have fun in the outdoors!*

Second STEP of the OAL Stream

RESIDENTIAL CAMP PLANNING...the 5W's & How!

Date – Saturday, October 27

**Register by October 20*

Time – 9:30 am to 12:30 pm

Location – Highland Church

The girls love to go camping and often their first experience is in a building (*we call this 'Residential Camping'...*)

Build success into your camping experience by having the necessary tools to plan and execute the perfect camp!

We will cover all aspects of planning, timelines, sharing the tasks and responsibilities, program, agendas, possible venues, rainy day activities, themes, food & nutrition and camp life...all while ensuring a safe and fun environment! We will also cover day camps and mother & daughter sleepovers.

Needs Assessment...

Perhaps you are ready for some additional challenges...

Depending on the needs and experience of the Guiders who register for this session, we can include additional information and skills for you to take your girls to an established tenting camp (*platform tents, huts etc.*) where the focus is on safe and fun outdoor camp life!

Please join us...the magic of camp awaits!

Step Three of the OAL Stream

ADULT CAMP SKILLS

This is the *OAL Tent Camping Enrichment Module* and is for Guiders of any experience level who are interested in developing their outdoor tent camping skills in order to take girls to camp. This full-day features hands-on training with tents & tarps & shelters, outdoor kitchen set up & cooking outdoors plus program activities.

Dates/Times

** Register by October 2*

START Saturday October 13 3:00 pm *to...*

FINISH Sunday October 14 9:00 am

**Location – TBA but will be in a Trainer's backyard on the North Shore*

**The overnight option is available for those wishing to finish this module and earn the Enrichment Pin.*

Training & Enrichment for Adult Members benefits not just our adult members. The ultimate beneficiaries are the girls. The **TEAM** program includes different coloured **TEAM** pins which represent completion of our different training & enrichment streams.

TEAM pins for completing different segments of the **Outdoor Activity Leadership** stream...

Green Pin – complete *Getting Outside + Residential Camp Planning*

Yellow Pin – complete *Tent Camping Enrichment including overnight*

Dark Green Pin – complete *Adventure Tent Camping* modules

In addition to the TEAM Pins...

There is an **OAL GO Camping Pin** which recognizes camping experience with girls!

Pre-requisite – completion of or equivalency in *OAL Residential or Tent Camping* modules

Purpose – to recognize Guiders for giving girls the overnight residential or tent camping experience

Requirements

- Residential or Tent Camping (4 nights as an adult supervisor)

*not required to be consecutive

- 2 of the 4 nights must be as the Responsible Guider

To apply, please complete and return the TR.10