

For Guiders...

OUTDOOR ACTIVITY LEADERSHIP PROGRAM

We are lucky to live in the middle of our very own outdoor playground.

Getting outside, enjoying nature and challenging ourselves are some of the best parts of the Guiding experience and are central to the Girl Guide philosophy and program.

Guiding is all about a 'progression of skills' for both girls *and* Guiders. The OAL Program follows the 'progression of skills' needed for short outdoor activities, through to residential and tent camping and then on to more challenging adventure camping trips.

This 'stepping stone' approach helps both girls *and* Guiders build and 'try out' their new skills all in a safe and supportive learning environment. As your comfort level in the outdoors grows, so will your girls'.

For Girls...

We nurture and guide our young Sparks as they go to a sleepover for the first time. Brownies are pretty proud when they come home from camp having washed dishes and looked after their belongings for the weekend! Guides learn how to prepare and cook nutritious meals at camp, pitch a tent and hang a tarp over their outdoor kitchen. Our Pathfinders, TREX and Ranger Programs further challenge and support the girls as they plan and participate in overnight hikes and paddles through our OAL Adventure Program.

First STEP of the OAL Stream...

If you are new to Guiding (*Sparks, Brownies, Guides*) this is a good place to start! The purpose of the 'first step' is to show Guiders *how to take an outdoor activity and make it fun and accessible for girls...*

GETTING OUTSIDE...

This training is for the newer Guider and includes activity ideas and skills for planning safe outdoor fun with girls! This session will include outdoor games, orienteering, nature walk resources and other activities that provide fun examples. The session will include samples of paperwork, first aid resources and methods of ensuring you have all your participants and haven't lost anyone along the way and will lay the foundation for a 'love of nature and the outdoors' for many years to come!

***Getting Outside will be one of the sessions offered at 'Come Grow With Us'
– our Lions Area Training Extravaganza January 25 & 26, 2020 at Guide House.***

***Watch for Registration details through Informz & through your
District Commissioner in October.***